



# THE INN OF THE FIVE GRACES

## Spa at The Inn of The Five Graces

### Imagine a sanctuary so indulgent that time stands still ...

Experience an enchanted escape to a magical space that invokes the healing wisdom of the ancient world. Amidst exquisite surroundings, restorative serenity is infused with impeccable luxury, and every sense is awakened and rejuvenated.

Journey to The Spa at The Inn of The Five Graces, where ancient Silk Road echoes meet the Santa Fe Trail, engaging your senses in an experience like no other. Our restorative therapies feature expertly hand-crafted blends of rich organic botanicals to harmonize body, mind and spirit. Much more than a spa ... it's your portal to a new state of being.

### MASSAGE

*Our therapeutic massages are enhanced with a selection of energy-balancing oils, consciously blended to nourish and balance the body with the healing properties of herbs, flowers and minerals.*

#### **State of Grace Massage** 60 minutes - \$165 | 90 minutes - \$245

Our Signature State of Grace massage nurtures profound relaxation and restoration. Warm herbal compresses, aromatic towels and harmonizing oils are combined with long, fluid strokes, moderate pressure and restorative signature touches to relax the body and delight the senses.

#### **Deep Nirvana Massage** 60 minutes - \$185 | 90 minutes - \$265

This slower, stronger massage is enhanced with arnica oil and warm Ayurvedic herbal packs to stimulate circulation, increase range of motion and relieve deep muscle tension.

*For enhanced states of relaxation, you may upgrade your treatment with CBD oil. See Add-On Enhancements.*

#### **Himalayan Salt Stone Massage** 75 minutes - \$195

Heated, hand-carved Himalayan salt stones work in tandem with fluid massage strokes in this exquisitely relaxing treatment. The stones' penetrating warmth allows for deeper muscle relaxation while trace minerals and negative ions replenish the body, elevate mood and neutralize toxins. You'll emerge with a deep sense of warmth and restored vitality.

#### **Side-By-Side Massage**

Slip into tranquility together with side-by-side massages of your choice in our fountain or fireplace treatment suite.

### PRIVATE STEAM & MASSAGE

*Steaming before your treatment helps loosen muscles, allowing your massage to have deeper, longer lasting effects. We invite you to enjoy these deeply relaxing experiences solo or with a partner.*

#### **Steam & Massage** Additional 30 minutes to any massage \$45

Bask in a private aromatic in-suite steam shower to relax your muscles and soften the skin before indulging in a massage of your choice.

#### **Scrub, Steam & Massage** Additional 60 min to any massage \$120

Revive your senses with a cleansing, full-body exfoliation to deeply replenish the skin and soothe the mind. A private aromatic steam shower follows to relax muscles in preparation for your restorative massage.

We invite you to select from the following scrubs:

##### **Himalayan Pink Salt**

Delivered with fine Himalayan salt crystals, this gentle scrub boosts energy while relaxing the nervous system.

##### **Ginger Sugar Scrub**

Our heartier scrub is blended with organic ginger essential oil to revitalize the skin while warming the body and spirit.

*Your scrub concludes with the removal of product with warm aromatic towels, steeped in a blend of local Sage, Piñon and Roses to regenerate and moisturize the skin while relaxing the mind and boosting the immune system.*

**Mud Treatment with Scrub, Steam & Massage** *Additional 60 minutes to any massage—\$130*

After a full-body skin exfoliation with an invigorating scrub, you will be escorted to your private steam-suite to apply a warm, skin-nourishing mud from head to toe. A detoxifying steam shower is followed by a massage of your choice, leaving your mind, body and senses deeply relaxed and wonderfully renewed.

## **ADD-ON TREATMENT ENHANCEMENTS**

*Enhance the bliss of your massage treatments*

**CBD Oil** *Incorporated into any massage treatment - \$30*

Cannabidiol is the non-toxic, non-euphoric substance found in the hemp plant. It works naturally with your body's endocannabinoid system to reduce pain and inflammation, providing a deeper level of relaxation and pain relief.

**Hot Oil Scalp Treatment** *30 minutes - \$75*

As much of our tension and fatigue is held in the head and neck, this concentrated scalp and neck massage with warm botanical oils calms the nervous system while uplifting the mind.

**Sole Mate Foot Massage** *30 minutes - \$75*

Hot towel compresses prepare your feet for an invigorating scrub with nourishing organic oils. A soothing foot massage follows to encourage the free-flow of vital energy throughout the entire body. Your treatment concludes with a deeply hydrating foot balm, leaving your feet refreshed and silky smooth.

## **FACIALS**

*The Spa at The Inn of The Five Grace is proud to feature ISUN Alive & Ageless skincare, winner of the Best Natural/Organic Brand, USA in the 2018 & 2019 Beauty Shortlist & Wellbeing Awards. ISUN's high performance products are hand-made from wild crafted, organic ingredients to support both physical and mental wellbeing with luxurious and indulgent experiences.*

**State of Grace Custom Facial** *60 minutes - \$165 | 90 minutes - \$245*

From beginning to end, our State of Grace Custom Facial is both memorable and lingering. This aromatic, high-performance treatment supports the repair and regeneration of tissues as it restores and transforms skin to youthful vitality and rejuvenating radiance. Our double-exfoliation process changes the appearance of skin to a vibrant, smooth texture by smoothing and plumping facial lines with dewy moisture. After a soothing face, neck and shoulder massage, skin is soothed with cooling gemstones and nutrient-rich, regenerating finishing serums, leaving your face with a beautiful youthful radiance. *Extractions not included.*

**Gentlemen's Custom Facial** *60 minutes - \$165 | 90 minutes - \$245*

A truly pampering experience just for him. Our age-revitalizing, high-performance facial meets the needs and challenges of a man's skin while softening signs of facial tension. Skin is deeply cleansed with an organic, hydrating cleanser, then softened and refined with an active enzymatic exfoliation mask with wild honey and a mineralizing scrub. Stress dissolves as feet are luxuriously massaged with a wild crafted, herb-infused shea butter. Both mind and body are then calmed and revitalized with a scalp, neck and shoulder massage using aromatic herbal oil. A soothing facial massage and application of concentrated serums stimulates cell regeneration for a more youthful, refreshed look and an inner feeling of calm. *Extractions not included.*

## ETIQUETTE

*The Spa of the Five Graces is pleased to welcome guests 18 years of age and older. Our tranquil spa is an oasis of quiet and calm. Please respect the privacy and solitude of other guests by speaking in a soft voice and **turning off cell phones**.*

*For your convenience, we are including some helpful suggestions on how to make your visit more enjoyable.*

*We look forward to the pleasure of serving you at the Spa of The Five Graces.*

### **Appointments and Reservations**

We strongly recommend scheduling spa appointments prior to your arrival.

**Hours of Operation: 9:00 am – 7 pm**

\* Early or after-hour treatments available upon request

### **Check In**

Please arrive 15 minutes before your appointment time to enjoy the relaxing atmosphere we have prepared for you. For your comfort, you may arrive to the spa in your room robe, or change at the spa.

### **Guest Comfort**

Your comfort is our delight. In order to personalize your treatment, please notify your spa reservationist of medical conditions, pregnancy or allergies when making your appointment.

- Please indicate your preference of male or female therapist as you schedule your services.
- It is best to shave the day before receiving a body scrub with salt.
- It is best for men to shave the day before a facial to prevent skin sensitivity with exfoliation.

### **What to wear**

You may wear your room robe to the spa or a robe will be provided for you in your spa locker upon arrival. Please leave valuables in your room or in your locker. Disrobe to the level of your comfort. Our licensed therapists are trained to drape your body in a discrete manner, assuring your privacy at all times.

### **Late Arrivals**

We regret that arriving late will deprive you of valuable treatment time. As a courtesy to following clients, late arrivals will only receive the remaining available appointment time and will be charged the full service fee. If you are running late, a phone call is always appreciated.

### **Medical Conditions**

Please inform the spa of any allergies, medical or skin conditions you have in advance as there are some treatments that may not be suitable for you.

### **Cancellation Policy**

We kindly request that cancellations or changes be made at least 24 hours prior to appointments to avoid being charged in full for your treatment.

