



# THE INN OF THE FIVE GRACES

## Spa at The Inn of The Five Graces

### **Imagine a sanctuary so indulgent that time stands still ...**

Experience an enchanted escape to a magical space that invokes the healing wisdom of the ancient world. Amidst exquisite surroundings, restorative serenity is infused with impeccable luxury, and every sense is awakened and rejuvenated.

Journey to The Spa at The Inn of The Five Graces, where ancient Silk Road echoes meet the Santa Fe Trail, engaging your senses in an experience like no other. Our restorative therapies feature expertly hand-crafted blends of rich organic botanicals to harmonize body, mind and spirit. Much more than a spa ... it's your portal to a new state of being.

### **MASSAGE**

*Our therapeutic massages are enhanced with a selection of energy-balancing oils, consciously blended to nourish and balance the body with the healing properties of herbs, flowers and minerals.*

#### **State of Grace Massage** 60 minutes - \$165 | 90 minutes - \$245

Our Signature State of Grace massage nurtures profound relaxation and restoration. Warm herbal compresses, aromatic towels and harmonizing oils are combined with long, fluid strokes, moderate pressure and restorative signature touches to relax the body and delight the senses.

#### **Deep Nirvana Massage** 60 minutes - \$185 | 90 minutes - \$265

This slower, stronger massage is enhanced with arnica oil and warm Ayurvedic herbal packs to stimulate circulation, increase range of motion and relieve deep muscle tension.

*For enhanced states of relaxation, you may upgrade your treatment with CBD oil. See Add-On Enhancements.*

### **ADD-ON TREATMENT ENHANCEMENTS**

*Enhance the bliss of your massage treatments ~*

#### **CBD Oil** *Incorporated into any massage treatment - \$30*

Cannabidiol is the non-toxic, non-euphoric substance found in the hemp plant. It works naturally with your body's endocannabinoid system to reduce pain and inflammation, providing a deeper level of relaxation and pain relief.

#### **Hot Oil Scalp Treatment** 30 minutes - \$75

As much of our tension and fatigue is held in the head and neck, this concentrated scalp and neck massage with warm botanical oils calms the nervous system while uplifting the mind.

#### **Sole Mate Foot Massage** 30 minutes - \$75

Hot towel compresses prepare your feet for an invigorating scrub with nourishing organic oils. A soothing foot massage follows to encourage the free flow of vital energy throughout the entire body. Your treatment concludes with a deeply hydrating foot balm, leaving your feet refreshed and silky smooth.

## ETIQUETTE

*The Spa of the Five Graces is pleased to welcome guests 18 years of age and older. Our tranquil spa is an oasis of quiet and calm. Please respect the privacy and solitude of other guests by speaking in a soft voice and **turning off cell phones**.*

*For your convenience, we are including some helpful suggestions on how to make your visit more enjoyable.*

*We look forward to the pleasure of serving you at the Spa of The Five Graces.*

### Appointments and Reservations

We strongly recommend scheduling spa appointments prior to your arrival.

**Hours of Operation: 9:45 am – 8:00 pm**

### Check In

Please arrive 15 minutes prior to the treatment time; your therapist will meet you at the spa reception desk. Robes are provided in the Spa lockers.

### COVID Standards

Masks are to be worn the entire time and only to be taken off when lying face down. Please shower in your room prior to any treatments. The relaxation room, showers, steam and sauna will be closed for use until further notice. We thank you again for your understanding during these times. During the massage we will be running the IQ Air Purifiers to ensure your safety. There is no relaxation without peace of mind. The Five Graces Spa is committed to your well being.

### Guest Comfort

Your comfort is our delight. In order to personalize your treatment, please notify your spa reservationist of medical conditions, pregnancy, or allergies when making your appointment.

- Please indicate your preference of male or female therapist as you schedule your services.
- It is best to shave the day before receiving a body scrub with salt.

### What to wear

You may wear your room robe to the spa, or a robe will be provided for you in your spa locker upon arrival. Please leave valuables in your room or in your locker. Disrobe to the level of your comfort. Our licensed therapists are trained to drape your body in a discrete manner, assuring your privacy at all times.

### Late Arrivals

We regret that arriving late will deprive you of valuable treatment time. As a courtesy to following clients, late arrivals will only receive the remaining available appointment time and will be charged the full-service fee. If you are running late, a phone call is always appreciated.

### Medical Conditions

Please inform the spa of any allergies, medical or skin conditions you have in advance as there are some treatments that may not be suitable for you.

### Cancellation Policy

We kindly request that cancellations or changes be made at least 24 hours prior to appointments to avoid being charged in full for your treatment.



